

WHAT DOES 2SLGBTQIA+ MEAN?

TERMS AND DEFINITIONS



Important!



Language around gender, sexuality, and identity is always evolving. The terms in this list are meant to support understanding, but they may not reflect everyone's experience. Labels can be deeply personal, and meanings may vary across communities and individuals. This list is not exhaustive or permanent—what matters most is listening to and respecting how someone identifies and what that identity means to them.



2S - Two Spirit

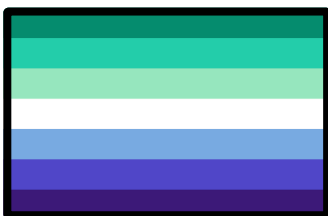
is a cultural and spiritual identity in many Indigenous communities, describing someone who holds both masculine and feminine spirits and roles beyond western gender norms. This term is only to be used by Indigenous peoples.

L - Lesbian

refers most commonly to a woman who is emotionally, romantically, or sexually attracted to other women.



G - Gay



typically refers to a man who is emotionally, romantically, or sexually attracted to other men. It can also be used broadly by anyone who is attracted to the same gender.

B - Bisexual

describes someone who is emotionally, romantically, or sexually attracted to more than one gender. It's a valid and inclusive identity that exists across the gender spectrum.



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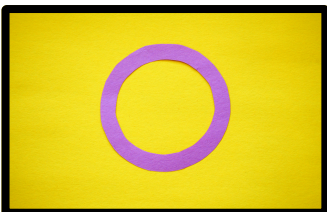


T - Trans (Transgender)

refers to someone whose gender identity is different from the sex they were assigned at birth. Being trans is about living as your true self and may or may not involve medical transition.

Q - Queer/Questioning

Queer is a broad, affirming term for people whose gender or sexuality falls outside societal norms. Questioning refers to those exploring their sexual orientation or gender identity. Both reflect self-discovery and pride.



I- Intersex

refers to people born with physical sex characteristics—such as genitals, hormones, or chromosomes—that don't fit typical definitions of male or female. Intersex highlights the natural variation of human diversity.

A- Asexual

is a sexual orientation where a person experiences little to no sexual attraction to others.



+ Plus Sign



The “+” in 2SLGBTQIA+ represents a wide spectrum of additional sexual orientations, gender identities, and expressions that may not be explicitly listed. It acknowledges the diversity and fluidity of identity for those who live outside of rigid societal norms—while centering identities rooted in respect and consent.